

6 QUICK TIPS TO SAVE ENERGY IN THE LAB TODAY

☐ Keep fume hoods closed when not in use



Each fume hood can use the same amount of energy as is used to power an entire home. Check it is closed when it's not being used

☐ Keep freezers closed as much as possible



Keeping an inventory, or freezer map, on the outside of refrigerators or freezers allows you to think about where your sample is, without having to keep the door open for too long

☐ Recycle plastics, glass and cardboard



Do you know where to put your recyclables? Make sure they don't end up in landfill by ensuring you use the correct recycling procedures

☐ Recycle batteries, and ink and toner cartridges



Batteries are easy to recycle. But far too often they end up in landfill... leaching harmful chemicals into the ground, and wasting finite metal resources. Recycle them every time.

☐ Switch off anything not in use



Before you leave the lab, check whether you have switched off any energy-draining equipment. Lights and computer monitors are quick fixes. Consider whether high energy equipment needs to be left running.

☐ Don't leave taps running unnecessarily



Sometimes it's inevitable... But think about whether taps really need to be left running. Is it possible to reduce water consumption in your lab?

Working together toward a more environmentally friendly lab